

**SEAN BURNS, MA, LLP, CAADC, SAP**  
**PSYCHOTHERAPIST**

**Dissociative Disorders Group Therapy**

Purpose: To help patients continue their healing journey.

When: Every other Wednesday from 5-6PM.

Where: Burns Psychotherapy @ 3300 Burton St SE, GR, MI 49546.

Group Facilitator: Sean Burns, MA, LLP, CAADC, SAP

Cost: \$40.00, Sean will bill your insurance company if possible.

-Cash, credit cards, and checks made out to Sean Burns, PLLC are accepted.

**What to Expect**

- A) Sharing and support from your peers on how to cope with dissociation symptoms and other trauma concerns.
- B) Psycho-Education from Sean on the management of dissociation/trauma symptoms.
- C) Therapeutic interventions such as Role Play, Family Sculpture, and other forms of processing trauma.
- D) Learning & practicing new healthy coping skills.

**Group Rules**

- 1. No interrupting your peers.
- 2. Stay away from sharing intense details that may trigger your peers.
- 3. Sobriety in group is a must.
- 4. Use good self-care skills before and after your group time.

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